# Profil / Profile

## World Masters Athletics Championships Mountain Running 2006

Asphalte / Asphalted road
1,850 km, 19%

Sentier / Trail
5,650 km, 58,2%

Route 4x4 / 4WD road
1,900 km, 19,7%

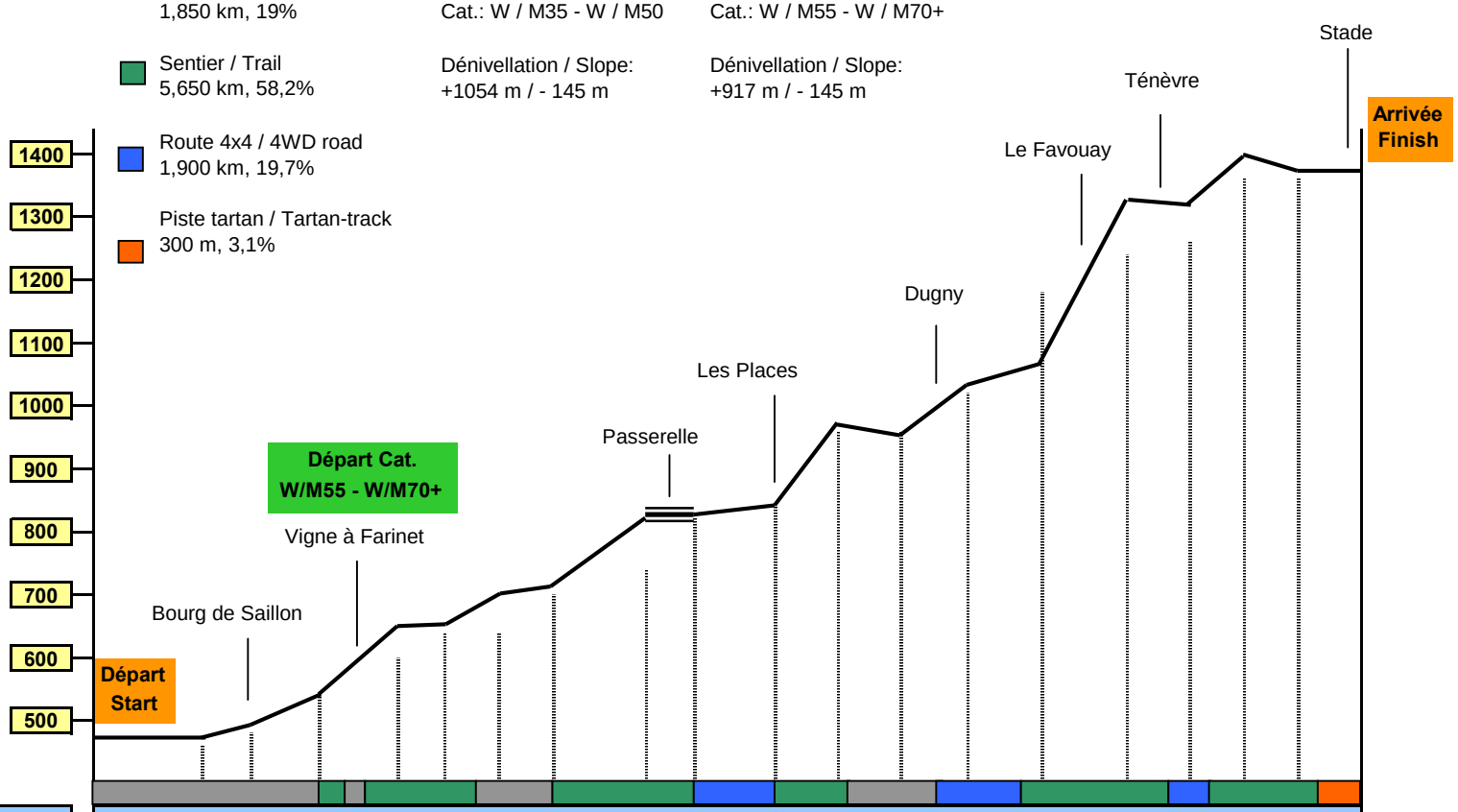
Piste tartan / Tartan-track
300 m, 3,1%

Distance 9,5 km
Cat.: W / M35 - W / M50

Dénivellation / Slope:
+1054 m / - 145 m

Distance 7,9 km
Cat.: W / M55 - W / M70+

Dénivellation / Slope:
+917 m / - 145 m




| Progression | 800 | 1000 | 1400 | 2000 | 2100 | 2400 | 2700 | 3600 | 3720 | 4400 | 4900 | 5400 | 6100 | 6900 | 7700 | 8300 | 8900 | 9000 | 9500 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Partiel | 800 | 200 | 400 | 600 | 100 | 300 | 300 | 900 | 120 | 680 | 500 | 500 | 700 | 800 | 800 | 600 | 600 | 100 | 300 |
| Cote | 470 | 488 | 541 | 649 | 652 | 696 | 715 | 825 | 825 | 843 | 968 | 950 | 1046 | 1082 | 1263 | 1255 | 1391 | 1375 | 1375 |